



COMMUNITY
TRUST

Tackling Loneliness Together



‘Let’s Walk & Talk’



Join us on our weekly walk & talk session open to people 50+. An enjoyable, socially distanced walk around the park at your own pace with friendly company. No need to book, just turn up.

Stockwood Park

Every Thursday at 10am

Meet at the flagpole next to the Discovery Centre entrance

Wardown Park

Every Friday at 10am

Meet at the bandstand



Contact the community office with any queries on
01582 561622 or community@lutontown.co.uk